

	<b>Year group</b>	2	<b>Academic year</b>	2021-22	<b>Term</b>	Autumn 2	<b>Duration</b>	7 weeks		
	<b>Half-term topic knowledge Organiser</b>									
	<b>Topic Title</b>	<b>Healthy me!</b>								

**Topic Overview**

	<u><b>Key Questions</b></u>	<u><b>Key events</b></u>	<u><b>PSHE, SMSC and British Values</b></u>	<u><b>Opportunities for 6 Rs</b></u>
	<ol style="list-style-type: none"> <li>1. Where does our food come from?</li> <li>2. What happens as humans grow?</li> <li>3. How have foods changed over time?</li> <li>4. What are the different food groups?</li> <li>5. Why is healthy eating important?</li> <li>6. What do we need to stay healthy?</li> <li>7. Why is it important to exercise?</li> <li>8. Why is hygiene important?</li> </ol>	<ul style="list-style-type: none"> <li>• Class food event</li> <li>• Health and Fitness Day (date to be agreed)</li> <li>• Designing and making a healthy pizza option</li> </ul>	<ul style="list-style-type: none"> <li>• PSHE - Healthy Me: Making Healthy Choices</li> <li>• British values - rule of law, individual liberty, mutual respect, tolerance of those with different beliefs (covered in Healthy Me PSHE)</li> <li>• Voting for new school council representatives</li> </ul>	<p><u><b>Respectful</b></u> – consider the basic needs of animals</p> <p><u><b>Resourceful</b></u> – using different sketching and colour techniques</p> <p><u><b>Reflective</b></u> – Why is it important to stay healthy?</p>

<u><b>Summary</b></u>	<u><b>Vocabulary (tier 3)</b></u>	<u><b>Key dates</b></u>	<u><b>Prep/ homework task</b></u>	<u><b>Responsible</b></u> – What must I do to remain healthy?
<p>Pupils will be learning about the importance of staying healthy by investigating the importance of exercise, eating the right amount of different types of food and hygiene as parts of maintaining a healthy way of living. After understanding where food comes from, they will learn to identify and classify different foods into their specific food groups and create their own healthy food. They will learn how to cut different fruits using the correct hold. They will also consider the basic needs of survival for humans and animals and the life cycles of humans and frogs. Children will also develop an understanding of seasonal foods and how shopping for food has changed within living memory. Developing sketching skills to draw fruit will lead onto learning about the artist Giuseppe Archimboldo and exploring his style of art made using fruit and vegetables.</p>	<p>nutrition, growth, reproduction, metamorphosis, hygiene, fair test, vegetarian, vegan frogspawn, tadpole, froglet, frog, baby, toddler, child, teenager, adult</p>	<ul style="list-style-type: none"> <li>• <u>11<sup>th</sup> November</u> - Remembrance Day</li> <li>• <u>15<sup>th</sup> - 18<sup>th</sup> November</u> Phonics Screening Check</li> <li>• <u>19<sup>th</sup> November</u> Primary non-uniform day for Children in Need</li> <li>• <u>22<sup>nd</sup> November</u> - Reading Workshop</li> <li>• <u>29<sup>th</sup> November</u> INSET Day</li> <li>• <u>10<sup>th</sup> December</u> – Christmas Jumper Day &amp; Christmas Fayre</li> <li>• <u>17<sup>th</sup> December</u> – early close</li> </ul>	<ul style="list-style-type: none"> <li>• Take part in Cosmic Yoga activity at home <a href="#">Home - Cosmic Kids</a></li> <li>• Complete PE with Joe Wicks workout (search Youtube)</li> <li>• Design your own healthy recipe and write a set of instructions.</li> <li>• Create a staying healthy poster showing the importance of exercise, hygiene and varied diet.</li> <li>• Help your parents to make a meal, take photos of your efforts</li> </ul> <p><b>8<sup>th</sup> December</b> - Prep homework due</p>	

<u><b>Key English stimulus</b></u>	<u><b>Computing</b></u>	<u><b>Music</b></u>	<u><b>Spanish</b></u>	<u><b>RE</b></u>	<u><b>Maths</b></u>
<ul style="list-style-type: none"> <li>• Yuck &amp; Yum poems</li> <li>• The Day the Banana Went Bad</li> <li>• The Polar Express</li> </ul>			<ul style="list-style-type: none"> <li>• Numbers in Spanish and extend this up to 15</li> <li>• Identify places in a city in Spanish and be able to link landmarks to Spanish-speaking countries</li> </ul>	<ul style="list-style-type: none"> <li>• Light as a symbol (Advent and Hanukkah)</li> <li>• Understanding why light is important at Advent and Hanukkah</li> </ul>	<ul style="list-style-type: none"> <li>• Number: Addition and Subtraction</li> <li>• Measurement: Money</li> <li>• Number: Multiplication and Division</li> </ul>

<u><b>History National Curriculum Objectives</b></u>	<u><b>Science National Curriculum Objectives</b></u>	<u><b>Art / Design Technology National Curriculum Objectives</b></u>
<ul style="list-style-type: none"> <li>• I can understand changes within living memory</li> <li>• I can identify similarities and differences between food and shopping now and in the past</li> <li>• I understand that foods are seasonal</li> </ul>	<p><b>Working scientifically</b></p> <ul style="list-style-type: none"> <li>• I can perform simple tests, observing closely.</li> </ul> <p><b>Animals, including humans</b></p> <ul style="list-style-type: none"> <li>• I can find out about and describe the basic needs of animals, including humans, for survival (water, food, air and shelter)</li> <li>• I notice that animals, including humans, have offspring which grow into adults</li> <li>• I can describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene</li> </ul>	<ul style="list-style-type: none"> <li>• I can work safely and hygienically and know the importance of this</li> <li>• I can hold a knife to cut safely</li> <li>• I can use principles of a healthy and varied diet to prepare dishes</li> <li>• I can talk about where food comes from</li> <li>• I can use a range of art and design techniques in using colour, shape and space</li> </ul>